

BE MOUTH AWARE

LOOK OUT FOR THE SIGNS & SYMPTOMS OF MOUTH CANCER



As mouth cancer can strike in a number of places, including the lips, tongue, gums and cheeks, it's extremely important that we all know what to look out for.

Ulcers which do not heal within three weeks

Red & white patches in the mouth

Lumps or swellings in the mouth or head & neck area

If in doubt, get checked out



Early detection is crucial. If any of these signs are noticed, please tell your doctor or dentist immediately.

Mouth cancer can affect anybody and it's important that we all know what to look out for. If you notice any changes in your mouth please speak to a dentist or doctor immediately.

 Mouth Cancer
Action Month
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Oral Health Foundation